

Patient Name _____

Today's Date _____

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COUNSELING AND REFERRAL OF OTHER PREVENTIVE SERVICES

(Italic type indicates deductible and co-insurance are waived.)

SERVICE	LIMITATIONS	RECOMMENDATION	SCHEDULED
Vaccines <ul style="list-style-type: none"> • Pneumococcal (once after 65) • Influenza (annually) • Hepatitis B (if medium/high risk) 	Medium/high risk factors: End-stage renal disease Hemophiliacs who received Factor VIII or IX concentrates Clients of institutions for the mentally retarded Persons who live in the same house as a HepB virus carrier Homosexual men Illicit injectable drug abusers		
<i>Mammogram (biennial age 50-74)</i>	Annually (age 40 or over)		
<i>Pap and pelvic exams (up to age 70 and after 70 if unknown history or abnormal study last 10 years)¹</i>	Every 24 months except high risk		
Prostate cancer screening (annually to age 75) Digital rectal exam (DRE) <i>Prostate specific antigen (PSA)</i>	Annually (age 50 or over), DRE not paid separately when covered E/M service is provided on same date		
Colorectal cancer screening (to age 75) <ul style="list-style-type: none"> • <i>Fecal occult blood test (annual)</i> • <i>Flexible sigmoidoscopy (5y)</i> • <i>Screening colonoscopy (10y)</i> • Barium enema 			
Diabetes self-management training (no USPSTF recommendation)	Requires referral by treating physician for patient with diabetes or renal disease. 10 hours of initial DSMT sessions of no less than 30 minutes each in a continuous 12-month period. 2 hours of follow-up DSMT in subsequent years.		
<i>Bone mass measurements (age 65 & older, biennial)</i>	Requires diagnosis related to osteoporosis or estrogen deficiency. Biennial benefit unless patient has history of long-term glucocorticoid tx or baseline is needed because initial test was by other method.		
Glaucoma screening (no USPSTF recommendation)	Diabetes mellitus, family history African American, age 50 or over Hispanic American, age 65 or over		
<i>Medical nutrition therapy for diabetes or renal disease (no recommended schedule)</i>	Requires referral by treating physician for patient with diabetes or renal disease. Can be provided in same year as diabetes self-management training (DSMT), and CMS recommends medical nutrition therapy take place after DSMT. Up to 3 hours for initial year and 2 hours in subsequent years.		

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<p><i>Cardiovascular screening blood tests (every 5 years)</i></p> <ul style="list-style-type: none"> • Total cholesterol • High-density lipoproteins • Triglycerides 	Order as a panel if possible.		
<p><i>Diabetes screening tests (at least every 3 years, Medicare covers annually or at 6-month intervals for prediabetic patients)</i></p> <ul style="list-style-type: none"> • Fasting blood sugar (FBS) or glucose tolerance test (GTT) 	<p>Patient must be diagnosed with one of the following:</p> <ul style="list-style-type: none"> • Hypertension • Dyslipidemia • Obesity (BMI ≥ 30 kg/m²) • Previous elevated impaired FBS or GTT <p>... or any two of the following:</p> <ul style="list-style-type: none"> • Overweight (BMI ≥ 25 but < 30) • Family history of diabetes • Age 65 years or older • History of gestational diabetes or birth of baby weighing more than 9 pounds 		
<p><i>Abdominal aortic aneurysm screening (once)</i></p> <ul style="list-style-type: none"> • Sonogram 	<p>Patient must be referred through IPPE and not have had a screening for abdominal aortic aneurysm before under Medicare. Limited to patients who meet one of the following criteria:</p> <ul style="list-style-type: none"> • Men who are 65-75 years old and have smoked more than 100 cigarettes in their lifetime • Anyone with a family history of abdominal aortic aneurysm • Anyone recommended for screening by the USPSTF 		
<p><i>HIV screening (annually for increased risk patients)</i></p> <ul style="list-style-type: none"> • HIV-1 and HIV-2 by EIA, ELISA, rapid antibody test or oral mucosa transudate 	Patient must be at increased risk for HIV infection per USPSTF guidelines or pregnant. Tests covered annually for patients at increased risk. Pregnant patients may receive up to 3 tests during pregnancy.		
<p><i>Smoking cessation counseling (up to 8 sessions per year)</i></p> <ul style="list-style-type: none"> • Counseling greater than 3 and up to 10 minutes • Counseling greater than 10 minutes 	Patients must be asymptomatic of tobacco-related conditions to receive as a preventive service.		
<i>Subsequent annual wellness visit</i>	At least 12 months since last AWV		

Physician's signature: _____ Date: _____

1. Recommendation of American Cancer Society; see <http://www.uspreventiveservicestaskforce.org/3rduspstf/cervcan/cervcanrr.htm#clinical> for more information.