

DELIVERING VALUE

A METRO CARE PHYSICIANS PUBLICATION

Website Gets a Fresh Look

Metrocarephysicians.com has a new look and improved functionality. The site features more online educational resources to assist practices in value-based transition and a more robust events / calendar app for MetroCare's many education sessions and network meetings. The website is also designed to be viewed on smart phones and tablets.

Note – when visiting www.metrocarephysicians.com you may need to type the full name into the browser and re-bookmark it to avoid going to former deactivated site.

metrocare
PHYSICIANS

We're Physicians. Guiding Physicians.

HOME WHO WE ARE HEALTHCHOICE TRILOGY (CIN) RESOURCES MEMBERSHIP & BENEFITS CALENDAR

MetroCare is an Independent Physicians Association (IPA) serving local physicians and their patients by reshaping the delivery of healthcare within the greater Memphis area.

Understanding the CIN

Value-Based Practice Resources

Education/Event Calendar

HealthChoice
TRILOGY
Improving healthcare together.

Physician Seminar on Risk Adjustment Documentation

Medicare has long used risk adjustment of patient populations from diagnostic coding data to determine compensation to commercial payers for administration of Medicare Advantage plans, setting the precedent for integrating cost into physician fee schedule determination.

Risk adjustment is now a factor in physician compensation not only for Medicare for the MIPS scoring, but for commercial bundles (such as perinatal and total hips) and ACO payments as well.

MetroCare will use diabetes, with its comorbidities, as the primary disease process to teach proper documentation for coding risk adjustment and quality measure reporting for MIPS and ACO contracts.

We have two classes scheduled specifically for physicians on March 30 and April 6 at 6:00 PM. Please register on our website: <http://www.metrocarephysicians.com/> and click the calendar.

Physicians will receive network participation credit for 2017.

For more information contact: Donna Pendergrass, 901.261.7796
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Trilogy Value Reports Help Network Chart Pathway

Effective delivery of value-based care and successful participation in value-based contracts requires physician practices to deliver measurable quality and lower cost.

MetroCare and HealthChoice recently developed practice-level and physician-level value reports for Trilogy participants. The reports provide actionable data related to quality metric performance (including care gap patient lists), as well as cost performance related to in-network / out of network utilization and over-utilization of the ED.

MetroCare's CEO Dr. George Wortham, *"From the beginning MetroCare has sought to engage physicians with relevant and timely information to help guide the transition to value-based and risk-based contracting. The value reports are the first step in working to create a singular approach to value-based healthcare delivery so practices can be successful in all their value-based contracts simultaneously. The game and the rules have changed – MetroCare exists to help our members win amidst these changes."*

MetroCare has invested in the network by creating these custom reports and making MetroCare staff expertise available to assist practices in the value-based transition.

Compliance Planning- HIPAA, OSHA, and Coding

Fines to practices for noncompliance are increasing as federal audits are becoming more frequent. Updates to HIPAA, OSHA, and Coding Compliance (for fraud, waste and abuse) plans are required every 365 days.

Now is the time to update your

compliance plans and retrain your staff. Our education coordinator, Janet Beasy, can assist your practice with these processes.

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MetroCare Member Discount for Medical Website Design

The Highland Group designed our new MetroCare website and is offering our MetroCare member practices a 10% discount on web design services. The Highland Group specializes in affordable HIPAA-compliant medical website design with attractive and varied collection of Responsive Design Content Management healthcare websites. Highland has been developing healthcare websites for over 17 years, and have extensive experience in all facets of online medical practice interaction with the public.

Contact the Highland Group at 866-882-4552 or Info@HighlandGroup.net. Examples of websites can be seen at www.metrocarephysicians.com or www.HighlandGroup.net

The **Highland** Group, LLC

Bundles Delayed

The Tennessee Medical Association announced February 17 that it has successfully helped to convince state officials to delay expansion of mandatory participation in commercial episode-of-care bundles for another year. The TennCare episode initiative will continue as planned, as well as voluntary commercial program participation.

Further details are available on the TMA website: https://www.tnmed.org/TMA/Government_Affairs/Legislative_Updates/TMA_Persuades_State_to_Delay_Payment_Reform_Expansion.aspx

Academic Detailing Pharmacist joins the Team

Please welcome Camille Hill, PharmD, a new pharmacy and drug information resource, whom exclusively supports the Trilogy Physicians and HealthChoice. She will be working closely with the Population Health team to provide office-based prescriber education services.

Through a relationship with the PBM, Express Scripts, Camille will use prescription claims data to identify drug-related gaps in care, encourage cost-effective prescribing, and present patient-specific opportunities to improve quality measures. Her pharmacy background includes experience in managed-care practice and the completion of a residency program at Methodist University Hospital.



Practice Transition: Best Practice

University of Tennessee Methodist Physicians (UTMP) Practice Manager Janice Harville-Lowery and Miranda Melton, FNP shared their practice experience when seeking level 2 PCMH (Patient Centered Medical Home) recognition.

They believe achieving PCMH recognition is the first step to preparedness as we move forward with changes set forth by MACRA.

“Our office is a better office today; this includes better quality care, better access, and improved follow up on patient care. I always believed that this clinic was good at patient care and engaging the patients. We were able to improve on tracking referrals and following hospital discharges. These improvements allowed us to begin our Chronic Care Management (CCM) and Transitions of Care (TCM).

A brief video with more detail on the UTMP path to PCMH designation is on our website

<http://www.metrocarephysicians.com/resources#pcmh-cpia>



In Our Patient's Own Words

“Thanks to my participation in HealthChoice’s Medical Nutrition Therapy Program, I now have the direction I need to take back my life after years of letting diabetes control me.

Through constant communication with a registered dietician, I’ve made choices to eat cleaner, to exercise regularly and be aware of the impact these habits have on my health and my confidence. After six months, not only do I feel better about myself, but I’ve lost nearly 30 pounds and no longer need insulin!”

– Frances Mims, Case Manager and Discharge Planner at Le Bonheur Children’s Hospital

Managing your health can be challenging. HealthChoice offers care management programs to help you understand and manage your medical conditions, navigate a complex health care system, follow prescribed treatment plans, and lead a healthy lifestyle. For more information, call 901.821.6700 or visit www.myhealthchoice.com.



Contract Renewals

The following contracts renewed effective 01/01/2017:

- Arkansas Higher Education Consortium
- Arkansas State Police
- Langston Company
- Municipal Health Benefit Fund

We Are Here to Assist You

Continuing the transition to a value-based healthcare delivery system will require changes for every practice. A dedicated team of professionals are committed to assuring MetroCare physicians have the tools and resources to achieve success.

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